

# EXAM INSTRUCTIONS

ALL PATIENTS PLEASE ARRIVE 30 MINUTES PRIOR TO YOUR APPOINTMENT TIME

## MRI PATIENTS:

- 1) If you have a pacemaker, electronic implants, are breastfeeding, or are possibly pregnant please inform your physician, or call the imaging center prior to your appointment.
- 2) For your comfort there will be scrubs for you to change into, and a locker for your belongings. If you wish, you may wear clothing without metal buttons or zippers.
- 3) If you have a CD you would like to listen to during your test please bring it along. (MRI scans of the head or neck may not allow this).
- 4) You may eat, drink and take your medications as usual, unless otherwise instructed.

## CT PATIENTS:

- 1) If you are scheduled for an exam of your head or chest, have nothing to eat 6 hours before the exam.
- 2) For abdomen and pelvis exams scheduled in the morning, have nothing by mouth after midnight before the exam. If you have an afternoon appointment – you may have a light breakfast (toast and coffee) no later than 4 hours before the exam, then nothing else by mouth until appointment.
- 3) If you have been given oral contrast media before your exam, begin drinking it 2 hours before your appointment time. Please follow the directions given when you received the bottles.

**\*\* If you are 60 or over, diabetic, or have impaired kidney function and are scheduled for IV contrast you will need to have BUN/CREATININE lab results prior to your exam.\*\***

## LOCATION



*Conveniently located in Building C on the campus of Medical City Dallas*